

## DESSERTS

Award-winning Lemon & Lime Cheesecake	£4.95
Chocolate Profiteroles	£4.95
Banoffee Pie	£4.95
Lemon Meringue Pie	£4.95
Homemade Ginger Crème Brulee <sup>C</sup>	£4.95
Meringue Nest <sup>C</sup>	£4.95

crammed with coconut ice cream, laced with a warm chocolate & caramel sauce

## HOT PUDDINGS

served with ice cream or custard

Bread & Butter Pudding	£4.95
Double Chocolate Pudding	£4.95
Apple & Blackberry Crumble	£4.95
Sticky Toffee Pudding	£4.95
Treacle Pudding	£4.95

## LOCALLY PRODUCED ICE CREAMS

	2 Scoops	3 Scoops
Mint Choc Chip	£3.95	£4.95
Rum & Raisin	£3.95	£4.95
Honeycomb Swirl	£3.95	£4.95
Classic Vanilla	£3.95	£4.95
Double Chocolate	£3.95	£4.95
Strawberry	£3.95	£4.95
Smooth Coconut	£3.95	£4.95

## CHEESE & BISCUITS

English Cheddar	£4.95
Blue Stilton	£5.50
French Brie	£5.50
A Bit of Each	£6.25
Speciality platter including a 1/2 litre Carafe of Ruby Port	£18.25

a platter to share that includes Mature English Cheddar, Blue Stilton, French Brie & Gorgonzola all accompanied with fresh celery & biscuits

## LIQUEUR COFFEES

Hot, strong coffee laced with your favourite 'Tippel' and topped with whipped cream	£5.25
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## CREDIT & CHARGE CARDS WELCOME

Should you wish to run an account please lodge your credit card at the bar

All prices are inclusive of VAT  
All items are subject to availability

## WHITE WINES

	175ml	250ml	Bottle
Lesc - Producteurs Plaimont France - Light and extremely fruity. Refreshing with a pleasant acidity.	£3.40	£4.70	£12.95
Niersteiner Gutes Domtal - Schmitt Söhne Germany - Easy drinking, medium white wine from the Rhine	£3.40	£4.70	£12.95
Chenin Blanc - Rocheburg South Africa - Packed with tropical fruit, balanced by crisp acidity	£3.60	£4.90	£14.30
Pinot Grigio - San Antonio Italy - A delightful, fruity, popular wine from the Veneto region	£3.70	£5.00	£14.50
Sauvignon Blanc - Emiliana Vineyards Chile - Grassy with strong aromatic grapefruit flavours	£3.70	£5.00	£14.50
Chardonnay - Castle Creek Australia - Bright, tropical fruits with a soft acidity	£4.00	£5.30	£15.75

## RED WINES

Vaucluse Rouge - Cuvée Jean Paul France - A consistently delicious, easy drinking red wine	£3.40	£4.70	£12.95
Shiraz / Cabernet - Richmond Ridge Australia - Dark berry flavours of plum, spice & pepper	£3.70	£5.00	£14.50
Merlot - Emiliana Vineyards Chile - Dense, dark & purple, packed with blackberry & plum fruit	£3.70	£5.00	£14.50
Côtes du Rhône Villages - Pierre Dupond France - A lighter style of Cotes du Rhone, akin to a French 'bistro wine'	£4.00	£5.50	£15.95
Rioja Ecologico Organic - Bodegas Artesa Spain - Using top quality organic fruit, a dense and richly flavoured wine	£4.40	£5.80	£17.25

## ROSÉ WINES

Gascogne Rosé - Cuvée Jean Paul France - A delicate, blush wine with strawberry and melon flavours	£3.50	£4.70	£13.85
White Zinfandel Blush - Sutter Home California - A delicate, blush wine with strawberry and melon flavours	£3.70	£5.00	£14.50

## SPARKLING WINES


Brut NV - Excellence - Louis Perdrier France - A high quality sparkling wine, made from the finest grapes	*	*	£17.50
Brut NV - Cuvée Royale - Champagne Joseph Perrier France - As supplied to Queen Victoria at Osborne House	*	*	£39.55 Half Bottle £19.95

## SPECIALITY WHITE WINES

Gavi - La Battistina - Araldica Italy - Aromatic, zesty, sherbet nose with apple and pear fruit, and a hint of minerality.	*	*	£19.95
Chablis - Levert Frères France - Fuller style of Chablis with a flinty dry & powerful body. A long lasting palate, delicious & memorable.	*	*	£24.95

## SPECIALITY RED WINES

Malbec - Avanti Argentina - Made from 100% Malbec grapes from the Tulum valley. Intense dark purple fruits on the nose.	*	*	£17.95
Crozes Hermitage - Pierre Dupond France - Stylistically this Crozes Hermitage wine has been made for relatively early drinking as everything is beautifully balanced already.	*	*	£24.95

The above wines are subject to availability  
Wine list courtesy of  (01983) 811743  
[www.eurovines.co.uk](http://www.eurovines.co.uk)

# THE WOODVALE

1 Prince's Esplanade, Gurnard, Cowes, Isle of Wight

Telephone & Fax 01983 292037

[www.the-woodvale.co.uk](http://www.the-woodvale.co.uk)

# MENU

## STARTERS

<i>Sautéed Tiger Prawns in a Thai Butter served with crusty bread*</i>	£6.50
<i>Deep Fried Whitebait with brown bread and butter</i>	£5.50
<i>Dusted Calamari served with roasted chillies &amp; a sweet chilli sauce</i>	£6.50
<i>Duck &amp; Green Peppercorn Terrine served with crusty bread</i>	£5.75
<i>Traditional Prawn Cocktail served with brown bread &amp; butter</i>	£6.50
<i>Chef's Own Homemade Soup with crusty bread</i>	£4.75
<i>Mini Stuffed Peppers, Olives &amp; Guacamole served with Pitta Bread <sup>V *</sup></i>	£6.50

\*Wheat Free Roll Available on Request

## DELI BOARD

<i>Individual Mixed Deli-Board</i>	£11.25
<i>Comprising of Smoked Chicken Breast, Duck Terrine, Parma Ham &amp; Mini Camembert served with a Red Onion Chutney &amp; Crusty Bread*</i>	

\*Wheat Free Roll Available on Request

## FISH DISHES

<i>Wholetail Atlantic Scampi</i>	£9.50
<i>served with chips, homemade tartare sauce &amp; a choice of garden or mushy peas</i>	
<i>Jumbo Cod Fillet in Home-Made Beer Batter</i>	£8.75
<i>served with chips, chef's tartare sauce &amp; a choice of garden or mushy peas</i>	

<i>Shell on Prawns*</i>	1/2 pint £7.75 - 1 pint £9.95
<i>served with Marie Rose sauce, salad &amp; crusty bread</i>	

<i>Sautéed Tiger Prawns</i>	£11.25
<i>in a chilli, tomato &amp; basil sauce tossed with Linguine</i>	

\*Wheat Free Roll Available on Request

## SPECIALITY FISH DISHES

- changes regularly

Please see or ask for our separate menu.  
Please be advised these dishes are all cooked from fresh  
so please be patient - it will be worth it.

## SIZZLING STEAKS

all served on your individual sizzling platter  
with tomato, mushrooms, fried onions & chips

<i>12oz* Rib-Eye</i>	£16.25
<i>10oz* Sirloin</i>	£15.95
<i>16oz* Rump</i>	£16.95
<i>12oz* Gammon served with fried egg or pineapple</i>	£12.25

\*approx uncooked weight

## SURF & TURF

Any steak of your choice, grilled to your personal taste and accompanied by a skewer of hot, juicy Tiger prawns - just add £5.50 to the steak price.

Why not try one of our delicious sauces to complement your steak?

<i>Au Poivre</i>	£2.50 extra
<i>Stilton &amp; Mushroom</i>	£2.50 extra
<i>Pepper &amp; Garlic Butter <sup>C</sup></i>	£1.00 extra
<i>Chilli &amp; Ginger Butter <sup>C</sup></i>	£1.00 extra

## TRADITIONAL PUB DISHES

<i>Griddled Chicken <sup>C</sup></i>	£9.95
<i>topped with Thyme, Parmesan &amp; Prosciutto Ham, served with salad &amp; new potatoes</i>	

<i>Lasagne al Forno</i>	£8.75
<i>oven-baked lasagne served with salad &amp; garlic bread</i>	

<i>Rack of Pork Spare Ribs with BBQ Sauce <sup>C</sup></i>	£9.75
<i>served with chips &amp; salad</i>	

<i>Steak &amp; Ale pie with a rich gravy</i>	£9.75
<i>a homemade short crust pie served with chips &amp; a choice of garden or mushy peas</i>	

<i>Double egg, fresh ham and chips <sup>C</sup></i>	£7.75
<i>with salad garnish</i>	

<i>Prime 8oz Isle of Wight Cheeseburger</i>	£8.75
<i>garnished with fried onions, chips &amp; salad</i>	

<i>Chef's Special Vegetarian Risotto <sup>V C</sup></i>	£9.75
<i>changes regularly so please ask for details</i>	

<i>Griddled Lamb Cutlets with a Port &amp; Redcurrant Sauce <sup>C</sup></i>	£12.25
<i>served with vegetables &amp; new potatoes</i>	

<i>Chilli con Carne <sup>C</sup></i>	£8.75
<i>served on a bed of rice with sour cream and nachos</i>	

<i>Chilli Cheddar Macaroni Cheese <sup>V</sup></i>	£9.75
<i>served with salad &amp; garlic bread</i>	

## SUNDAY ROASTS

We offer a choice of at least two Roast meats every Sunday  
with Sirloin of Beef as our standard

<i>With Yorkshire pud, roast potatoes and freshly prepared vegetables</i>	£8.95
<i>For those with Healthy Appetites</i>	£10.25
<i>Children's Roast</i>	£5.95

## SEE THE CHALKBOARDS FOR TODAY'S CHOICE OF FRESHLY PREPARED SPECIALS

*Please order your Food at the Bar*

*Lunches served from 12 noon until 2.30pm*

*Dinner served from 6.00pm until 9.30pm*

*Meals served all day on Saturday & Sunday  
12.00 noon til 9.30pm*

*The above service times may vary November - March.  
Please see displayed opening hours during this period*

## PLOUGHMAN'S LUNCH

served with a chunk of crusty bread, pickles & salad

<i>English Cheddar*</i>	£6.75
<i>Fresh Ham*</i>	£6.75
<i>English Cheddar &amp; Ham*</i>	£7.50

\*Wheat Free Roll Available on Request

## JACKET POTATOES

all served with freshly made salad & coleslaw <sup>C</sup>

<i>Chilli Con Carne</i>	£6.75
<i>Prawn Marie Rose</i>	£7.50
<i>English Cheddar</i>	£6.75
<i>Tuna Mayonnaise</i>	£6.75
<i>Chicken, Smoked Bacon &amp; Honey Mustard Mayonnaise</i>	£6.75

## SANDWICHES/BAGUETTES

a choice of white or brown bread or a baguette  
served with chips & salad garnish

	Sandwich	Baguette
<i>Fresh Ham &amp; Red Onion Chutney</i>	£5.75	£6.75
<i>English Cheddar &amp; Red Onion</i>	£5.75	£6.75
<i>Tuna Mayonnaise &amp; Cucumber</i>	£6.25	£7.25
<i>Fresh Local Crab</i>	£7.25	£8.25
<i>Prawn Marie Rose with shredded lettuce</i>	£6.95	£7.95
<i>Chicken, Smoked Bacon &amp; Honey Mustard Mayonnaise</i>	£6.95	£7.95
<i>Bacon, Lettuce &amp; Tomato</i>	£6.25	£7.25
<i>Hot Steak Baguette with fried onions</i>	N/A	£7.75

## SALADS

served with new potatoes & coleslaw <sup>C</sup>

<i>Ham</i>	£8.50
<i>Tuna Mayonnaise</i>	£8.50
<i>Cheddar Cheese</i>	£8.50
<i>Prawn Marie Rose</i>	£10.50
<i>Fresh Local Crab</i>	£11.95

## SIDE ORDERS

<i>Onion Rings</i>	£2.75
<i>Garlic Bread</i>	£2.75
<i>Bread &amp; Butter (Wheat free available)</i>	£1.75
<i>Side Salad</i>	£2.75
<i>Coleslaw or Beans</i>	£1.75
<i>Chips</i>	£2.75
<i>Cheesy Chips</i>	£3.75
<i>Portion of Fresh Vegetables</i>	£2.75

<sup>V</sup> Vegetarian <sup>C</sup> Coeliac (wheat free)

*Some items on our menu may contain nuts or other items that  
cause allergic reactions, if in doubt please ask a member of staff*